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Shopping Paradise - Japan

As Yen continues slide, there are more and more people plan to travel Japan in the coming months. The Yen has weakened 15 percent against US dollars this year, leading to a decreased cost of traveling.

In Japan, there are markets filled with fresh and processed foods (including meat, fish and vegetables), clothing, and many other goods. These markets have a real Okinawan atmosphere, in addition to a tax-free mega store and outlet shopping complex. With its luxury brands and bargains, this paradise is sure to satisfy all shoppers.

It is no exaggeration to call Japan as shopping paradise. Apart from tax-free shop with world-famous luxury brand, there are also international shopping areas which attract millions of tourists every year.



Each Bite Tells a Story

In Japan, sushi is a conversation spoken without words. Each person is treated a unique experience designed to delight the senses. And each moment reveals a new discovery with its own story waiting to be told.



The Panoramic View

2020 Olympics?



Tokyo has been chosen as one of three final candidate cities to hold the 2020 Summer Olympics. People in Tokyo are now showing great enthusiasm for the 2020 Olympics to be held in the city. Let's take a look at some of the main features of the proposed Tokyo Olympics.



World's Largest Vessel "Triple-E"

Korea's Daewoo is to build the world's largest ship for Maersk line. The 400 meter 'Triple-E' class behemoths will carry 18,000 TEU containers, 2500 more than the current largest, Emma Maersk.

The Triple-E's enormity is actually in its bulk. Through feats of engineering, the Triple-E's vastly expanded inside cavity gives it a capacity 16 percent greater than Emma despite relatively little change in length and width.

ECONOMY OF SCALE

Superior economies of scale will enable the new monsters to surpass the industry record for both fuel



efficiency and (20% better) CO₂ emissions per container moved. In a move set to impact global shipping transport costs and efficiencies, ten Triple-E ships will go into service between 2013 and 2015 with a further 20 ships optioned.

INFORMATION OF TRIPLE-E

HEIGHT: 73 Meters
 LENGTH: 400 meters
 CAPACITY: 18,000 TEU
 DELIVERY DATE: 28th June

How Triple-E operates?

EFFICIENCY

The Triple-E isn't just the largest vessel of any kind in operation today: it is actually the longest and widest container vessel possible based on port restrictions. And the reality is that the visible dimensions of the ship—only four meters longer and three meters wider than Emma Maersk, the world largest vessel in operation – do not fully convey its size.

SMART TRANSPORT

Different modes of transport have different climate impact. Carbon distance reflects the difference in climate impact among different modes of transport between two locations. Triple-E makes it possible to transport cut flowers by sea rather than by air, cutting the relevant CO₂ emission by 98%.



HISTORY



Traditional Chinese Medicine

Non-Invasive Healing

Traditional Chinese Medicine is a form of non-invasive healing that encourages the body to heal itself naturally



Pediatrics in TCM

TCM believed that children suffer from often constant and prolonged coughs and colds because they are physically immature and their lungs, spleen and liver are particularly weak and vulnerable to illness.

FAST FACTS

22%

In some international cities such as Hong Kong, 22% of all the medical consultations are with Chinese medical practitioners.

Traditional Chinese Medicine, or TCM is a board range of medicine practices sharing common theoretical concepts which have been developed in China and are based on a tradition of more than 2,000 years, including various forms of herbal medicine, acupuncture, massage and dietary therapy.

TCM is a form of non-invasive healing that encourages the body to heal itself naturally. Practiced in China and Asia for over 3000 years it has recently gained more of a popular following both within Asia and the wider world.

Five Phases Theory

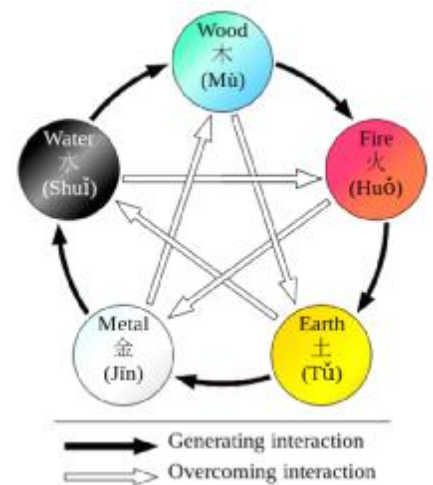
Five Phases, sometimes also translated as the Five Elements theory, presumes that all phenomena of the universe and nature can be broken into five elemental qualities – represented by wood, fire, earth, metal, and water. Strict rules are identified to apply to the relationships between the Five Phases in terms of sequence, of acting on each other, of counteraction.

PHILOSOPHICAL BACKGROUND



Symbol for Balance

Yin and Yang symbol for balance. In Traditional Chinese medicine, good health is believed to be achieved by a balance between yin and yang



Five Phases Theory

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SEE YOU NEXT MONTH!!